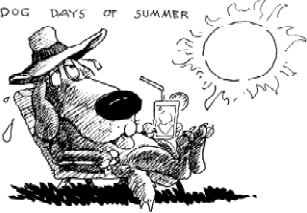





# Assisted Living Activities

## AUGUST 2019

# Bridgewater Home

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>BIRTHDAYS IN ASSISTED LIVING</b> <b>BETTY BOSSERMAN 10</b> <b>EMIL LIPSCOMB 18</b> <b>DOT RISNER 21</b>			<b>PLACES THE EVENTS CAN OCCUR</b> <b>(2) ACTIVIITES ROOM</b> <b>(3W) NEW LIVING ROOM</b> <b>(LC) LANTZ CHAPEL</b>	<b>Pamela B.Arbogast ADC</b> <b>540-828-2373</b> <a href="mailto:parbogast@brcliving.org">parbogast@brcliving.org</a> Questions/or schedule a programs call me	<b>NOTE: OTHER EVENTS</b> <b>AND OUTINGS CAN OCCUR AFTER PRINTING OF</b> <b>CALENDAR, WATCH FOR POSTERS</b> 
<b>GIVE SOMEONE A SMILE</b> <b>MAKE THEIR DAY</b> 			Places events can occur (2) Activity Room (3w LR) New Living Room (LC) Lantz Chapel	10:15 am Church School with Jim Harris 11-11:30 am Seated Yoga 1:15 pm Art on the Go Trip 1:30 pm Travel Video for your enjoyment	8:00-9:0 am Wii Bowling 9:45 am Ryan Family visits 10:00 am Chit/Chat Sheila 2:00 pm Body in Motion 3:15 pm Stories to Inspire 3w New Living Room	Residents Events of Choice for the day  12-1:00 pm Social Time 1:30-2:30 pm Dominoes Crazy 8 cards
10-11:30 am Bridgewater Baptist /3W 11-12 am Bridgewater COB on TV channel 7:00 pm Vespers LC	8:00-9:00 am Wii Bowling 10:15 am Bingo 11:15 am Seated Yoga Pam 2:00 pm Genesis Fitness Balloon Volley ball 2:30 pm Afternoon Treat Watermelon to enjoy (2)	10:15 am Bible Study with Russ 11:00 am Seated Yoga Pam 2:00 pm BRC Line Dance group dancing for you 2-3 pm Ice-cream in the Oasis (team members taking)	8-9 am Wii Bowling 9:30-10:30 am Healing Touch 10:00 am Movie: The Walton's 11:00 am Auxiliary Lunch BCOB with AL Team Members 2:00 pm Music with Owen & Phyllis this is a new program	10:15 am Music Program with Marc Baskind Roanoke, VA 2:00 pm Movie: Gifted Hands (90mins) & treats 6:45 pm Music with Flora String band Group	8:00-9:00 am Wii Bowling  10:15 am Body in Motion while seated in your chairs  2:00 pm SINGO (music)	10:15 am USA Dance Team Ballroom Dance  12-1:00 pm Social Time 1:30-2:30 pm Dominoes Crazy 8 cards
10-11:30 am Bridgewater Baptist /3W 11-12 am Bridgewater COB on TV channel 7:00 pm Vespers LC	8:00-9:30 am Wii Bowling 10:15 am Bingo 11:15 am Seated Yoga Pam 2:00 pm Bible Study ***** 3:00 pm Genesis Fitness Balloon Volley ball	10:15 am Program from Fair Grounds Lantz Chapel for all to enjoy 11:15 am Seated Yoga Pam 2:30 pm Highland Band	10:15 am Music with Mark from JMU on piano 11:00 am "Finn" Therapy Dog 1:30 pm Never 2 late Lizzie various topics will be visited 2:30 pm Bell Chimes	10:15 am Church School with Jim Harris 9:30 am AL Team/Residents to Rockingham Fair grounds 2:00-3:00 pm Music with with Accordion and Guitar	8:00-9:0 am Wii Bowling 10:00 am Old Fashion Hymn sing along 10:00 am Fast Food Outing with AL Team Members 3:15pm Stories to Inspire (3)	Residents Events of Choice for the day  Residents Events of Choice for the day Dominoes, Crazy 8 cards
10-11:30 am Bridgewater Baptist/3W 11-12 am Bridgewater COB 2:30 pm Old Time Gospel 7:00p.m.Vespers LC	8:00-9:00 am Wii Bowling 10:15 am Bingo 2:00 pm Genesis Fitness 3:00 pm Loopy Loop Fun 6:45 pm Flora String Band	10:15 am Bible Study (Russ) 12noon AL Team Picnic Residents/Staff BRC Oasis 2:00 pm Food Advisory Mtg 3:00 pm Cello/Harp Music	10:15 am Beth Matthews (piano) 1:15pm Never 2late computer 2:00 pm SINGO (music)  6:45 pm Mt. Solon Pentecostal	10:15 am Church School with Jim Harris 11:00-am Seated Yoga Pam 2-3:00 pm Music with First Church of Nazarene	8:00 -9:00 am Wii Bowling 10:15 am Body in Motion  2:00 pm Music Frank Byars and wife singing the oldies	10:15 am Music with Daniel Over on Harp 12-1pm Social Time 1:30-2:30 pm Dominoes Crazy 8 cards
10-11:30 am Bridgewater Baptist 11-12noon Bridgewater COB 2:00 pm Mt. Pleasant Mennonite Church 7:00 pm Vespers LC	8:00-9:00 am Wii Bowling 10:15 am Bingo 11:15 am Seated Yoga Pam 2:00 pm Genesis Fitness Balloon volley ball	10:15 am Bible Study 11:15 am Seated Yoga Pam Come join us and relax 2:00 pm Harpist Virginia Bethune on the harp	10:15 am Puzzles/Spelling Fun 11:00 am "Finn" Therapy Dog 1:30pm Never 2 late Lizzie various topic/ sign language 2:30 pm Bell Chimes	10:15 am New Hope Chorus singing for us 2:00 pm Music with Kimball Swanson(guitar) 3:00 pm Carter Spicer Visits	8:00-9:00am Wii Bowling 10:15 am Body in Motion while in your chairs 1:00 pm AL Team Outing to American Celebration	