



# Assisted Living Activities OCTOBER 2021 Bridgewater Home

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Note:</b> changes and additions can occur after the printing of endar with Covid situation changing</p>		<p><b>BIRTHDAYS FOR ASSITED LIVING</b> ALMA LANDES 9 EVELYN HARPINE 24 FRED DAVINO 24</p>		<p><b>PLACES EVENTS HAPPEN</b> 2w--Wampler Wing sitting 1st) Activity Room (1st Living Room) Dining 1 &amp; 2 AL Connector</p>	<p>BRIDGEWATER RETIREMENT COMMUNITY <i>energy</i> FOR LIFE</p>	<p>Pamela B. Arbogast ADC 540-828-2373 <a href="mailto:parbogast@brliving.org">parbogast@brliving.org</a></p>
		<p><b>NEWS FROM THE FITNESS TEAM</b> *** STOP BY FITNESS GYM AND GET YOUR "FitGO" card and earn SPECIAL PRIZES DURING THE MONTH OF OCTOBER</p>		<p><b>Speakers Series</b> at Maple Terrace with Foundation Team Thursday, 7:00 pm on 7th, 14th, and 21st come join them</p>	<p>8:00- am Wii bowling 10:15 am <i>Body In Motion</i> seated in your chairs walks outside/porch sitting 2:00 pm <i>JINGO "Clothing"</i> 2:30 pm <i>Fit &amp; Fabulous</i></p>	<p>Residents Events of choice they wish TV, reading Table Games 12-1pm Social Time</p>
<p><b>SUNDAY EVENTS</b> 11-12 noon Bridgewater COB channel 970 4:00 pm Vespers LC Music Program with 2:30 pm Old Time Gospel</p>	<p>8-9am Wii bowling 9:30 am Bingo 1st game 10:15 am Bingo 2nd game 11:00 am Bingo 3rd Game <b>activities room only</b> 2:00 pm Music Program with Kimball Swanson</p>	<p>8-9 am Wii bowling 10:15 am Bible Study Russ porch/walks outside 2:00 pm Music with Longenecker's on DVD</p>	<p>8:00 am Wii Bowling 10:15am Music with Mark Nicholas on piano 1:30 pm N2late trivia LR 1st 2:00 pm <i>Balloon Volleyball</i> 2:30 pm Fit &amp; Fabulous 2west 6:00 pm <b>Happy Hour on Patio</b></p>	<p>7:15 am Devotionals GS 8:00 am Wii Bowling 10:15 am Sunday School with Russ Barb 1:15 pm Brain Teasers GS 2:00 pm <b>Accordion</b> Music with Gerald Senger <b>come join him and enjoy</b></p>	<p>8:00 am Wii bowling 10:15 am Body In Motion seated in your chairs 2:30 pm Fit &amp; Fabulous Fitness Team Members 2:30 pm Bell Chimes Practice</p>	<p>Residents Events of Choice they wish TV, reading 12-1 pm Social Time Out side walks/porch sitting with friends</p>
<p><b>SUNDAY EVENTS</b> 11-12 noon Bridgewater COB 4:00 pm Vespers LC</p>	<p>8:00 am Wii Bowling 9:30 am Bingo 1st game 10:15 am Bingo 2nd game 11:00 pm Bingo 3rd game 2:00 pm Afternoon at movies: <i>Field of Dreams</i> <b>"Build it and they will come"</b></p>	<p>8-9 am Wii bowling walks/porch outside 10:15 am Bible Study with Russ Barb 2:00 Music Gospel DVD Gerald Wolfe and friends</p>	<p>8-00 am Wii Bowling 10:15 am Singalong with Millie 2:00 pm <b>Assisted Living Fall Fun Day at various locations</b> 2:00 pm Music with Marc <b>Baskind in Activities Room</b></p>	<p>7:15 am Devotionals GS 8-9 am Wii Bowling 10:15 am Sunday School 1:15 pm Brain Teasers GS 2:00 pm Music with Jessica Covell on piano Marketing Department</p>	<p>8:00- am Wii bowling 10:15 am Residents Rights 1st floor residents &amp; 1:30 pm 2nd floor Residents Rights <b>Both Meetings in Act. Room</b> 2:30 pm Fit &amp; Fabulous 2w</p>	<p>Residents Events of TV, reading, visiting, etc. 10:15 am Saturday at the Movie: <i>Gospel Bluegrass</i> Bill Gaither and friends 12-1 pm Social Time</p>
<p><b>SUNDAY EVENTS</b> 11-12noon Bridgewater COB 4:00 pm Vespers LC</p>	<p>8:00 am Wii Bowling 9:30 am Bingo 1st game 10:15 am Bingo 2nd game 11:00 am Bingo 3rd Game 2:00 pm Music Program "Fritz" local DJ</p>	<p>8-9 am Wii bowling 10:15 am Bible Study Russ walks/porch outside 2:30 pm Food Advisory with Nelson and Dining Team come share concerns give feed back</p>	<p>8-00 am Wii Bowling 10:15 am SINGO (Music) 1:30 pm N2late trivia LR 1st Come learn something new 2:00 pm Music with Vocal Chord (all men singing) 2:30 pm Fit &amp; Fabulous 2west</p>	<p>7:15 am Devotionals GS 8-9 am Wii Bowling 10:15 am Sunday School with Russ Barb walks/porch outside 1:15 pm Brain Teasers GS 2:00 pm Men's Club Ryan 2:00 pm Movie 1st wampler</p>	<p>8:00- am Wii bowling 10:15 am Body In Motion seated in your chairs 2:30 pm Bell Chimes Practice come listen 2:30 pm Fit &amp; Fabulous 2w Fitness Team Members</p>	<p>Residents Events of of Choice: TV, reading, etc. Table Games of choice 12-1 pm Social Time</p>
<p><b>SUNDAY EVENTS</b> 11-12noon Bridgewater COB 4:00 pm Vespers LC</p>	<p>8:00 am Wii Bowling 9:30 am Bingo 1st game 10:15 am Bingo 2nd game 11:00 am Bingo 3rd Game 2:00 pm Dominoes, crazy 8</p>	<p>8-9 am Wii bowling 10:15 am Bible Study walks/porch outside 2:00 pm Music with Phyllis &amp; Jim Gaskins</p>	<p>8-00 am Wii Bowling 10:15 am SINGO (Music) 1:30 pm N2late trivia LR 1st 2:00 pm Ten Pin Bowling 2:30 pm Fit &amp; Fabulous 2west</p>	<p>7:15 am Devotionals GS 8-9 am Wii Bowling 10:15am Sunday School walks/porch outside 1:15 pm Brain Teasers GS 2:00 pm Afternoon Movie</p>	<p>8:00 am Will Bowling 10:15 am Body In Motion 2:00 pm Armchair Travel 2:30 pm Fit &amp; Fabulous 2w with Fitness Team</p>	<p>Residents Events of choice table games, etc. <b>SUNDAY 31</b> 11:00am Bwater COB 4:00 pm Vespers on TV Channel</p>

3:15 pm Lemonade The Retreat

**BRIDGEWATER**

ASSISTED LIVING

**"THIS & THAT"**

**OCTOBER 2021**



BIRTHDAYS RESIDENTS

**ALMA LANDES 9**

**EVELYN HARPINE 24**

**FRED DAVINO 24**

**\*\* MEN'S CLUB WITH RYAN**

**THURSDAY Oct. 21, 2021**

**2:00 PM Act. Room**

**\*\*\*SPECIAL MUSIC EVENTS:**

**Old Time Gospel Quartet**

**Oct 3rd**

**Kimball Swanson**

**Oct 4th**



**Mark Nicholas**

**Oct. 6th**

**Gerold Senger**

**Oct 7th**

**Marc Baskind**

**Oct 13th**

**Jessica Covell**

**Oct. 14th**

**Fritz Horisk**

**Oct. 18th**

**Vocal Chord Quartet**

**Oct. 20th**

**Phyllis & Jim Gaskins**

**Oct. 26th**

**THURSDAYS MORNINGS**

**DEVOTIONALS WITH BRC TEAM**

**MEMBERS: 7:15 AM**

**GARDENSIDE DINER**

**\*\*BRAIN TEASERS WITH BRC  
TEAM MEMBERS THURSDAYS  
1:15 PM GARDENSIDE DINER**

**1ST FLOOR**

**\*\*FOOD ADVISORY MEETING  
WITH NELSON AND  
DINING TEAM**

**Oct. 19, 2021, 2:30 PM**

**ACTIVITES ROOM**



**FITNESS TEAM**

**WED & FRIDAY AT 2:30PM**

**2west WAMPLER SITTING AREA**

**WORKING ON YOUR BALANCE**

**\*\*\*\*Lemonade & Cookies**

**The Retreat Patio**

**Wednesday 27th**

**3:15 pm**



**WEDNESDAY, OCT 13TH**

**2:00pm Music with**

**Marc Baskind Act. Room**

**Various locations and events  
to enjoy for AL Fall Fun Day**

**Watch for posters!!!!**



**NEW IN THE FITNESS GYM**

**STOP BY GET A**



**card and earn some special gifts  
as you play the month of October**

**\*\* Important**

**Residents Rights Meeting**

**Friday, Oct. 15th 10:15 am &**

**1:30 pm Watch for poster**