

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Wellness House

<h1>October 2021</h1> <h2>Wellness House</h2>						Daily Chronicle 1 Fit and Fabulous Friday-1:30pm (MPR) Snacks-2:30pm	Daily Chronicle 2 Daily Chronicle Activity of Residents Choice
						Daily Chronicle 3 Activity of Residents Choice BCOB-11am (Ch. 970) Vespers-4pm (Ch.971)	Daily Chronicle 4 Bingo-10:45am (MPR) National Taco Day (noon)
Daily Chronicle 10 Activity of Residents Choice BCOB-11am (Ch. 970) Vespers-4pm (Ch.971)	Daily Chronicle 11 Bingo-10:45am (MPR) Outdoor Walks <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	Daily Chronicle 12 Body Riddles-11:15a Pumpkin Face Craft-2pm Window Visits	Daily Chronicle 13 Wake Up Wednesday-10:15am Fall Fun Day	Daily Chronicle 14 Music Detective-11am Table Games-2pm Window Visits	Daily Chronicle 15 Biscuit Pumpkin Loaf-10am Fit and Fabulous Friday-1:30pm (MPR)	Daily Chronicle 16 Daily Chronicle Activity of Residents Choice	
Daily Chronicle 17 Activity of Residents Choice BCOB-11am (Ch. 970) Vespers-4pm (Ch.971)	Daily Chronicle 18 Bingo-10:45am (MPR) Manicures-2pm	Daily Chronicle 19 Italian Detective-11am Table Tennis-2pm Window Visits	Daily Chronicle 20 Wake Up Wednesday-10:15am Bible Study-2pm (MPR)	Daily Chronicle 21 HAPPY BIRTHDAY ERIKA MOORE Movie-10am Window Visits	Daily Chronicle 22 Fit and Fabulous Friday-1:30pm (MPR) Snack-2:30pm	Daily Chronicle 23 Daily Chronicle Activity of Residents Choice	
Daily Chronicle 24 Activity of Residents Choice BCOB-11am (Ch. 970) Vespers-4pm (Ch.971)	Daily Chronicle 25 Bingo-10:45am (MPR) Pumpkin Pudding Dip-10am	Daily Chronicle 26 Bowling-10am Resident Council-3:45pm Window Visits	Daily Chronicle 27 HAPPY BIRTHDAY DOROTHY WAMPLER Wake Up Wednesday-10:15am Snacks	Daily Chronicle 28 Movie-10am Candy Toss-2pm Window Visits	Daily Chronicle 29 Fit and Fabulous Friday-1:30pm (MPR) Halloween Party-2pm	Daily Chronicle 30 Daily Chronicle Activity of Residents Choice	
HAPPY HALLOWEEN 31 Daily Chronicle BCOB-11am (Ch. 970) Vespers-4pm (Ch.971) <small>Halloween</small>	**ALL ACTIVITIES ARE SUBJECT TO CHANGE**						