



Assisted Living Activities

JANUARY 2023

Bridgewater Home

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Programs last 45 mins to an hour as needed	BIRTHDAYS FOR ASSISTED LIVING SUNNI MONGER 8 TYRUS LYTTON 15			BRIDGEWATER RETIREMENT COMMUNITY <i>energy</i> FOR LIFE	Pam Arbogast ADC Act. Coord. 828-2373 or email parbogast@brcliving.org	
	DECORATIONS COMING DOWN THIS WEEK			6:00 pm Movie Sipe Center			
NEW YEAR'S DAY 1 11:00 am Bridgewater COB morning service 4:00 pm Vespers	2 8:00am Wii bowling 10:15 am BINGO 2:00 pm Breathe & Stretch 2:45 pm Dominoes/cards	3 8:00 am Wii Bowling 10:15 am Bible Study 2:00 pm Music with Marc Baskind Roanoke, VA	4 8:00 am Wii Bowling 10:15 am Residents Council 1:15pm N2late Trivia 2w 1:15pm Senior Strong Act. 2:30 pm Snowball Toss/party	5 7:15 am Devotionals GS 8:00 am Wii bowling 10:15 am Sunday School 1:15 am Brian Teasers GS 2:00 pm Accordion Music	6 8:00 am Wii Bowling 10:15 am Body in Motion 1:30 pm Balance & Mobility 2:30pm Puzzles/Spelling come see what we do	7 Residents Choice Events cards, visiting, puzzles 12-1 pm Social Time	
8 11:00 am Bridgewater COB morning service Vesper: 4:00 pm	9 8:00 am Wii Bowling 10:15 am BINGO 2:00 pm Breathe & Stretch 3:30 pm Happy Hour Gardenside Diner	10 8:00 am Wii Bowling 9:00 am Walmart Outing 10:15 am Bible Study 2:00 pm Music with Gaskins and friends	11 8:00 am Wii Bowling 10:15 am Music with Mark 1:15pm N2late Trivia 2w 1:15 pm Senior Strong Act. 2:30 pm Ten Pin Bowling	12 7:15 am Devotionals GS 8:00 am Wii Bowling 10:15 am Sunday School 1:15 am Brian Teasers GS 2:00 pm Who What I Am clues will be given to you	13 8:00 pm Wii Bowling 10:15 am Bell Chimes 1:30 pm Balance & Mobility 2:30 pm Never 2 late Trave and Trivia program	14 10:15 am Music with Luke Haynes and guest Activities room 12-1:00 pm Social Time	
15 11:00 am Bridgewater COB morning service Vespers: 4:00 pm	16 8:00 am Wii Bowling 10:15 am BINGO 1:45 pm Movie on TV 2:00 pm Smiley Ice-Cream 3:00 pm Games with Carrie	17 8:00 am Wii Bowling 8:45 am Luray Caverns 10:15 am Bible Study 1:30 pm Food Advisory Dining Team Members	18 8:00 am Wii Bowling 10:15 am Singalong Millie 1:15 pm N2late Trivia 2w 1:15 pm Senior Strong Act. 2:00 pm Taste of Home GS	19 7:15 am Devotionals GS 10:15 am Sunday School 1:15 am Brian Teasers GS 11:30 am Men's Lunch Outing 2:00 pm Frank Byars music	20 8:00am Wii Bowling 10:00 am JWE Easter Survey 1:30 pm Balance & Mobility 2:30 pm SINGO	21 10:15 am Daniel Over on the Harp musical program to enjoy Act. Room 12-1 pm Social Time	
22 11:00 am Bridgewater COB morning service Vespers at 4:00 pm	23 8:00 am Wii Bowling 10:15 am BINGO 2:00 pm Breathe & Stretch	24 8:00 am Wii Bowling 10:15 am Bible Study 1:30 pm Sipe Center Movie 2:00 pm Music "Fritz"	25 8:00 am Wii Bowling 10:15 am Body In Motion 1:15 pm N2late Trivia 2w 1:15 pm Senior Strong Act.	26 7:15 am Devotionals GS 8:00 am Wii bowling 10:15 am Sunday School 1:15 am Brian Teasers GS	27 JWE (snow date) 8:00 am Wii Bowling 10:15 am Bell Chimes 1:30pm Balance & Mobility	28 1:30 pm In Motion Dance Team Lantz Chapel 12-1 pm Social Time	
29 11:00 am Bridgewater COB morning service Vespers: 4:00 pm	30 8:00 am Wii Bowling 10:15 am BINGO 2:00 pm Breathe & Stretch	31 8:00 am Wii Bowling 10:15 am Bible Study 2:30 pm Drumming Class with Fitness Team	2:30 pm SINGO music 2:00 pm Snowflake Craft Michelle/Kelsey Cardinal way sitting area Programs/outings may be added after printing of calendar watch for posters coming your way			2AL 2:00 pm Piano Music on	

